

Warren Hills Return to Competition Fall Sports

**Warren Hills Sports 2020 Fall Season sports
*Cross Country, *Cheer, *Field Hockey, *Football, *Soccer, *Girls Tennis**

Table of Contents

Items to review for safe competition at Warren Hills Regional High School for the Fall of 2020:

- *Arrival at the Stadium procedure
- *Face Covering Expectations for coaches, student athletes, spectators, and officials
- *Screening process for student athletes
- *Remote Learning
- *Four Seasons for student athletes information
- *Hygiene/Sanitization:
- *Hydration:
- *Heat Policy:
- *Heat Acclimatization:

Table of Contents

*Training room protocols:

*Locker room protocols:

*Restroom protocols:

*Equipment storage:

*Transportation:

*Spectators:

*GameDay requirements

****New Jersey Department of Health (CDS) Protocols (Warren Hills guidance)***

-NJSIAA COVID-19 Protocols

Arrival for Competition Day at WH Stadium:

*All spectators will have their temperature checked at the gate. If their temperature is 100.4 or higher you will be asked to wait 5 minutes to cool down before a recheck. No one will be admitted with a temperature over 100.4.

*Signage and proper sanitization will be available around the facility. Touchless sanitization stations will be placed at the entrance of the facility, on the pavilion, and at both entrances to the home and away bleachers.

*All spectators, student athletes, officials, and school personnel will be asked to wear a mask, and social distance themselves within the facility.

*Bathrooms will be open for spectators; two at time should be in the bathroom;

*Locker rooms will be not be available for teams

Issues and Concerns should be addressed to Mr. Michael Jones, Director of Athletics
Email jonesm@warrenhills.org

Expectations for Parents/Guardians

CONSIDERATIONS FOR PARENTS/GUARDIANS:

(A family's role in maintaining safety guidelines for themselves and others):

- o Parents/Guardians should monitor their children for any symptoms prior to any sporting activities. Children who are sick or showing symptoms must stay home. (If there is doubt stay home).**
- o Parents/Guardians and coaches should assess levels of risk based on individual athletes on the team who may be at a higher risk for severe illness.**
- o Provide personal items (water bottles, etc) for your child and clearly label them.**
- o Disinfect your student's personal equipment after each game or practice.**
- o Be prepared with face coverings for members of your family to attend events.**
- o Inform coaches if your student-athlete has been exposed to someone who is known to have COVID-19.**

Face coverings: Game Time/Practices

Face Coverings – The CDC affirmed that face coverings are a critical tool in the fight against COVID-19 that reduces the spread of the disease, particularly when used universally within communities.

*Coaches are required to wear face coverings, unless doing so would inhibit the coach's health.

*Student-athletes are required to wear face coverings, unless doing so would inhibit the student's health, the student is in extreme heat outdoors, or the student is engaged in high intensity aerobic or anaerobic activities.

*Student-athletes on the bench, sidelines or bus are required to wear face coverings. Spectators and media personnel are required to wear face coverings, unless doing so would inhibit the individual's health.

*Officials are required to wear face coverings, unless doing so would inhibit the official's health, the official is in extreme heat outdoors, or the official is engaged in high intensity aerobic or anaerobic activities

Screenings: Games/Practices

Screening – Warren Hills Regional High School will screen student athletes/band members and staff/coaches upon arrival for symptoms and history of exposure. This process will be like the WH summer phases in July and August.

*All student-athletes must be screened at least once per day to participate in NJSIAA practices or games.

*Full time remote learners must be screened before they can participate in practices or games.

*Part-time remote learners that were screened by the school at some point during the school day do not need to be rescreened before practices or games.

*All student-athletes must be screened for all Saturday or Sunday practices or games.

Remote learners & Four Seasons

Remote Learning – All student-athletes participating in full day or part-time remote learning are permitted to participate in NJSIAA athletics.

Four Seasons – Athletes are permitted to participate in all four seasons during the 2020-21 school year

Hygiene/Sanitization

- It is critical that Warren Hills, student-athletes, coaches and staff maintain a high standard of sanitation and hygiene.
- Students and staff should make every effort to wash their hands as often as possible. Hand sanitizer shall be accessible at all times.
- Workout apparel and uniforms shall not be left at the school after games and practices. There shall be no spitting, chewing seeds or gum during the workout.
- Warren Hills will ensure that all facilities are cleaned and sanitized in accordance with CDC and EPA guidelines. Warren Hills has indoor facilities that have adequate ventilation.

Hydration, Heat policy, & Heat acclimatization

Hydration – Sharing of water bottles is strictly prohibited. Each student-athlete should have his/her own water bottle. Multi use hydration stations are strictly prohibited.

Warren Hills will provide and monitor hydration stations for individuals to refill water bottles one at a time.

Heat Policy – The NJSIAA Heat Policy remains in effect. Please refer to the policy guidelines on the NJSIAA website.

Heat Acclimatization – Heat acclimatization may begin on September 11th for football & field hockey only. All other sports will begin practice on September 14th .

Training Room Protocols

*When entering the training room mask must be worn and hands sanitized under the touchless machines.

*Social distance is needed while in the training room

*All areas and equipment will be cleaned by the trainer/student athlete once they are completed with their exercise.

*Warren Hills indoor facilities have adequate ventilation and hand sanitizing stations.

Locker Rooms protocols

***Locker room use is only for student-athletes that are in the building at the end of the school day.**

***Locker rooms will be only for changing and storage of equipment. We will have only 10 student athletes in the locker room at a time for changing and social distance purposes.**

***Face coverings are required when changing in the locker room.**

***All areas will be cleaned and sanitized in accordance with CDC and EPA guidelines every night by the custodian staff.**

Transportation

- *All proper protocols regarding athletic transportation must be followed based on the guidelines set by Warren Hills.**
- *Face coverings are required for all staff and students on busses.**
- *Each bus will follow the guidelines of the transportation coordinators in regard to capacity.**
- *Best practices will be followed for cleaning and disinfecting all vehicles.**
- *Football will have three busses, All other sports will have two busses for their respective sport and away contest.**

Spectators

***Outdoor gatherings are limited to 500 people. CURRENTLY, the 500-person cap does not include participants or individuals that are on the field of play, coaches, officials, trainers, doctors, cheerleaders, and band)**

***All spectators attending outdoor events must wear face coverings, unless it would inhibit the individual's health.**

***All spectators must follow social distancing guidelines set by the host school district or facility. Signage will be displayed at all areas of the facility at Warren Hills.**

Game Day!!! Requirements

- All school personnel must maintain a high level of awareness to possible COVID-19 exposure throughout all phases of the game.
- Coaches are required to wear face coverings, unless doing so would inhibit the coach's health.
- Student-athletes are required to wear face coverings, unless doing so would inhibit the student's health, the student is in extreme heat outdoors, or the student is engaged in high intensity aerobic or anaerobic activities.
- Students on the bench or sideline must wear a face covering.
- Schools must ensure social distancing practices are maintained to the maximum extent practicable during the game.

- Sidelines must be limited to essential personnel.
 - Coaches must be realistic with the number of players at each game.
 - Spectators, media, and all ancillary game personnel are required to wear face coverings, unless doing so would inhibit the individual's health.
 - Officials are required to wear face coverings, unless doing so would inhibit the official's health, the official is in extreme heat outdoors, or the official is engaged in high intensity aerobic or anaerobic activities.
 - The Sportsmanship Policy must be read to all athletes and coaches this year prior to each game.
 - Schools are not permitted to have rooms available for the officials. It is recommended that visiting teams keep their busses available for use as needed.
- Post-game handshakes and celebrations are prohibited.

New Jersey Department of Health:

<https://www.nj.gov/health/>

Warren Hills Regional High School will follow the guidance of the NJ Department of Health in making decisions about school and all athletic contests for our student athletes. This guidance will supersede the protocols of the NJSIAA listed on the next slide.

COVID-19 PROTOCOLS

<https://www.njsiaa.org/sites/default/files/document/COVID-19%20Protocols.pdf>

Scenarios:

<p>A student or coach has had close contact with a suspected COVID-19-positive individual outside the athletic environment (e.g. same household, party, or any other event outside of team activity).</p>	<p>Individual should contact their doctor and school Pandemic Response Team ASAP. • Individual should be vigilant and check for symptoms multiple times a day. • If contact tests positive, refer to the next scenario below. • Individual should quarantine immediately upon first symptoms for 14 days. • Team play may continue.</p>
<p>A student or coach has had close contact with a positive COVID-19 individual outside the athletic environment (e.g. same household, party, or any other event outside of team activity)</p>	<p>Individual should quarantine immediately for 14 days. • Individual should contact their doctor and school Pandemic Response Team ASAP. • Team play may continue.</p>

COVID-19 PROTOCOLS

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Scenarios:

One student or coach tests positive, regardless of whether contact was inside or outside of athletic environment.

Infected person should quarantine immediately for 14 days from the first day of symptoms or day of positive test. • Infected person should contact their doctor and school Pandemic Response Team ASAP. • Any student or coach in close contact with the infected person two days prior to symptoms/positive test, must also quarantine for 14 days and monitor their symptoms. • Team play may continue.

Two or more students or coaches on the same team test positive within 14 days of each other, and the cases are linked to a clear alternative exposure that is unrelated to team activities (i.e. same household, party, or any other event outside of team activity).

Infected persons must quarantine immediately for 14 days from the first day of symptoms or day of positive test. • Each infected person should contact their doctor and Pandemic Response Team ASAP. • Any student or coach in close contact with any infected person two days prior to symptoms/positive test, must also quarantine for 14 days and monitor their symptoms. • Team play may continue.

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Scenarios:

<p>Two or more students or coaches on the same team test positive within 14 days of each other and (1) the cases are linked together by some team-based activity; or (2) the connection between positive cases cannot be easily identified</p>	<p>Consider shutting down the team for 14 days based on investigation by the school's Pandemic Response Team in consultation with local health department.</p>
<p>More than two students or coaches on multiple teams test positive within 14 days and a clear connection between positive cases cannot be easily identified</p>	<p>Consider shutting down multiple teams for 14 days based on investigation by the school's Pandemic Response Team in consultation with local health department.</p>

COVID-19 PROTOCOLS

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Scenarios:

<p>A school has switched to remote learning based on a very high risk of viral transmission within the school or local community.</p>	<p>Consider shutting down all athletic programs during remote learning period based on investigation by the school's Pandemic Response Team in consultation with local health department.</p>