

Warren Hills High School

February 2018
Lunch Menu

Student Lunch \$3.25 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Great Grillers **Hamburger or Cheeseburger on a Bun**
Chicken Patty on a Bun
Philly Cheese Steak Hero

Deli Central **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: (908)-689-3050 ext: 3066

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday



Keep your heart happy by choosing healthy options!

<p>5 Meatless Monday Creamy Mac & Cheese Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit</p>	<p>6 New Recipe! Southwest Turkey Flatbread with Salsa-Ranch Sauce Sweet Potato Tots Fresh or Chilled Fruit</p>	<p>7 Philly Cheesesteak Hero with Peppers & Onions French Fries Fresh or Chilled Fruit</p>	<p>1 Super Bowl Celebration Buffalo Chicken Dip with Soft Pretzel Sticks Fresh Celery Sticks with Dip Tater Tots Fresh or Chilled Fruit</p>	<p>2 Bella's Pizza New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>12 Plain or Spicy Chicken Tender Basket with Tater Tots & Warm Breadstick Fresh or Chilled Fruit</p>	<p>13 Breakfast for Lunch New Recipe! Breakfast Burrito Bowl with Scrambled Eggs, Turkey Bacon, Shredded Cheddar Cheese, Tater Tots, & Salsa Warm Biscuit Fresh or Chilled Fruit</p>	<p>14 Valentine's Day Spaghetti with Meatballs & Marinara Sauce Warm Garlic Breadstick Freshly Prepared Spring Mix Salad Strawberry Applesauce Fresh or Chilled Fruit</p>	<p>8 SCOOP-A-BOWL Fajita Chicken & Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS!® Tortilla Chips Southwestern Corn Fresh or Chilled Fruit</p>	<p>9 Leo's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>19 President's Day School Closed</p>	<p>20 NASCAR "Race to Good Nutrition" Grilled Chicken Caesar Salad Wrap Freshly Prepared Three Bean Salad Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>21 Roasted BBQ Chicken Warm Biscuit Baked Beans Country Slaw Fresh or Chilled Fruit</p>	<p>15 Chinese New Year Celebration General Tso's Popcorn Chicken with Rice Steamed Broccoli Mandarin Oranges Fortune Cookie</p>	<p>16 Bella's Pizza New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>26 Crispy Chicken BLT on a Croissant French Fries Fresh or Chilled Fruit</p>	<p>27 National Tortilla Chip Day New Recipe! Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato, & Salsa Southwestern Slaw Fresh or Chilled Fruit</p>	<p>28 Breakfast for Lunch Sausage Egg & Cheese on a Kaiser Roll Maple Cinnamon Sweet Potato Tots Fresh or Chilled Fruit</p>	<p>22 Tacos with Taco Meat, Shredded Cheddar Cheese Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit</p>	<p>23 Leo's Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>



MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"