

DIABETES MANAGEMENT QUIZ

Section 1

1. What are the 2 types of diabetes and what are the differences?

- a. _____
b. _____

2. What is the main goal of diabetes treatment? _____

3. What 3 things need to be balanced for optimum management?

- a. _____
b. _____
c. _____

Section 3

4. What are 3 symptoms of mild hypoglycemia?

- a. _____
b. _____
c. _____

5. What are 3 symptoms of moderate to severe hypoglycemia?

- a. _____
b. _____
c. _____

6. What is never done with a student exhibiting signs of hypoglycemia? _____

7. True or False Students with hypoglycemia or hyperglycemia often do not concentrate well.

Section 4

8. True or False Frequent urination and thirst are mild symptoms of hyperglycemia.

Section 5

9. When do students regularly need to check their blood sugar/glucose levels? _____

Section 6

10. What is glucagon and when is it used? _____

Section 7

11. True or False Insulin is a hormone that is necessary for the metabolism of sugar.

Section 8, 9, 10

12. Insulin can be given in the following ways:
a. syringe
b. pen
c. pump
d. all of the above

Section 12

13. True or False A diagnosis of diabetes always limits which foods a student can eat.
14. True or False The school nurse needs to be alerted to school trips so plans can be made for food/insulin adjustments.
15. True or False In general, activity raises blood glucose levels.

Signed _____ Date _____

Please Print Name _____